

Tast'Age MOOC tutorial



Project Number: 2022-1-FR01-KA220-VET-000088841

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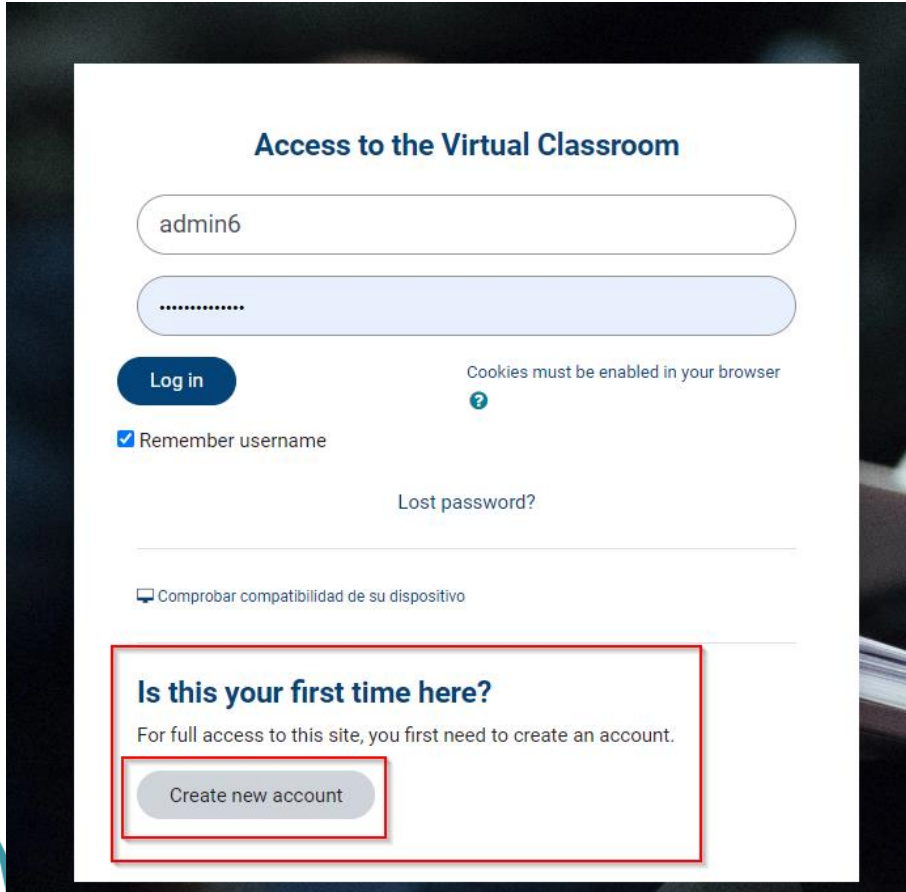
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How to enrol the courses

1. Create your new account:



Access to the Virtual Classroom

admin6

.....

Log in Cookies must be enabled in your browser ?

Remember username

Lost password?

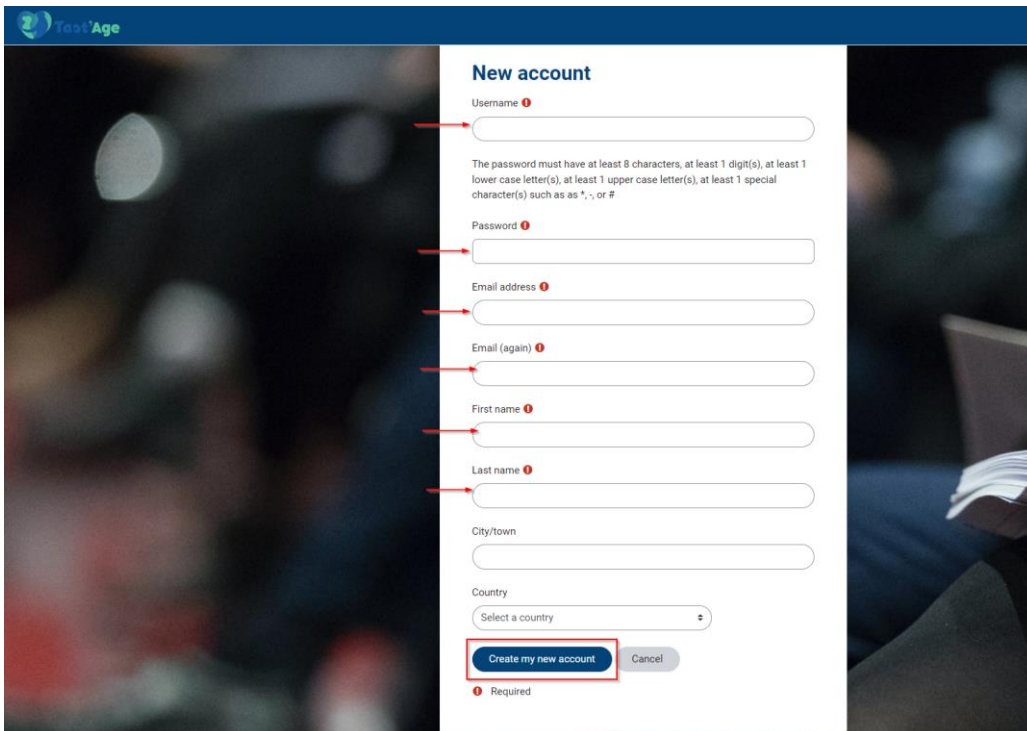
Comprobar compatibilidad de su dispositivo

Is this your first time here?

For full access to this site, you first need to create an account.

Create new account

2. Complete the mandatory data and click on create my new account, it is very important to fill in the email field with a real one because it will send you a verification. To create the user, it is essential to accept the verification.



New account

Username ⓘ

The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 special character(s) such as *, -, or #

Password ⓘ

Email address ⓘ

Email (again) ⓘ

First name ⓘ

Last name ⓘ

City/town

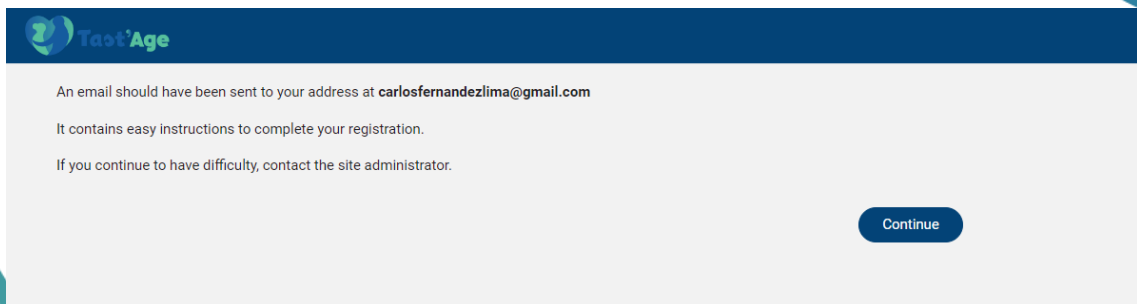
Country

Select a country

Create my new account Cancel

ⓘ Required

3. The following message will appear. First, you will activate the account from our email and then press continue.



Tast'Age

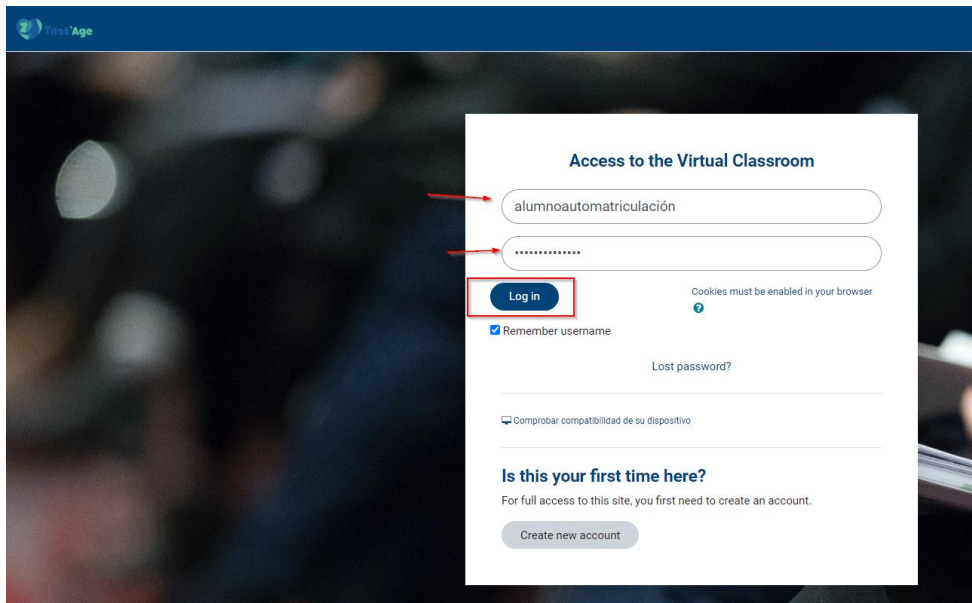
An email should have been sent to your address at carlosfernandezlima@gmail.com

It contains easy instructions to complete your registration.

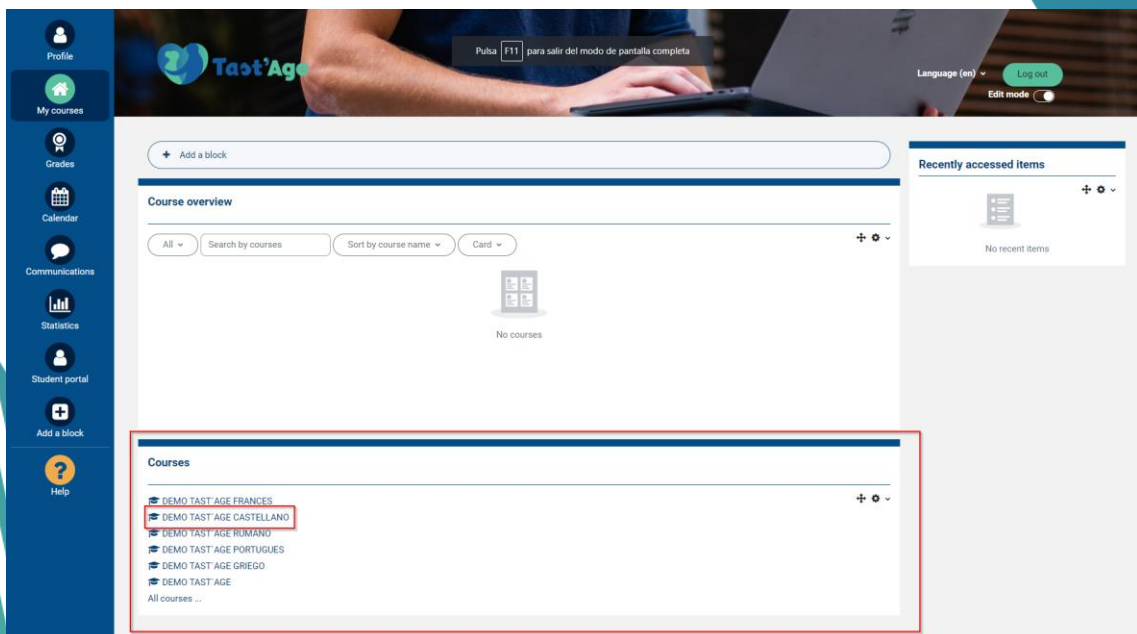
If you continue to have difficulty, contact the site administrator.

Continue

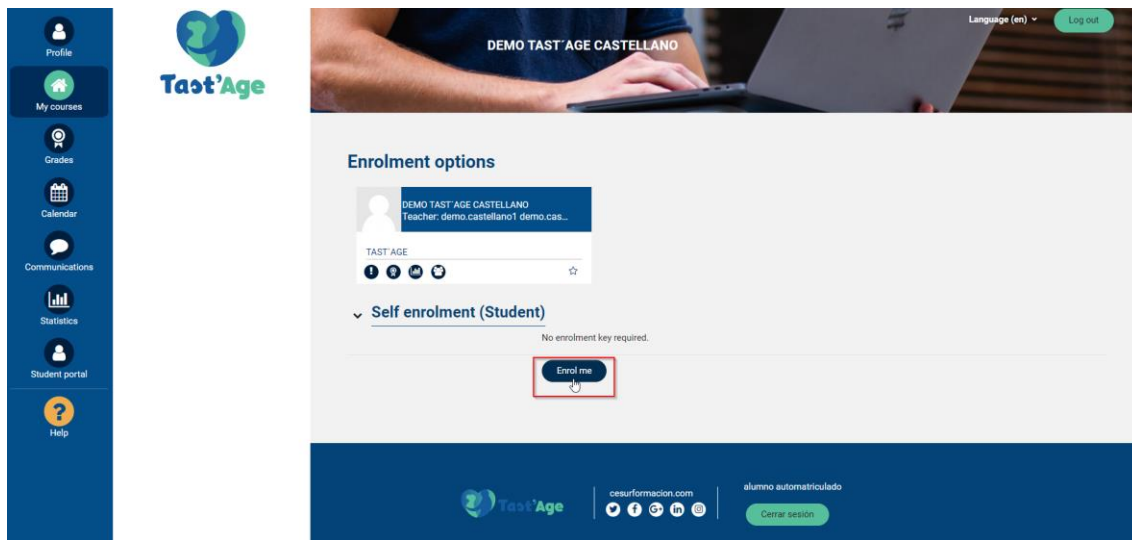
4. The login box will appear again, in which you will enter our previously created username and password.



5. Once logged in, you will see the Course section, where you just click on the course you want to enroll in.



6. Click on: "Enrol me".



DEMO TAST'AGE CASTELLANO

Language (en) Log out

Enrolment options

DEMO TAST'AGE CASTELLANO
Teacher: demo.castellano1 demo.cas...

TAST'AGE

Self enrolment (Student)

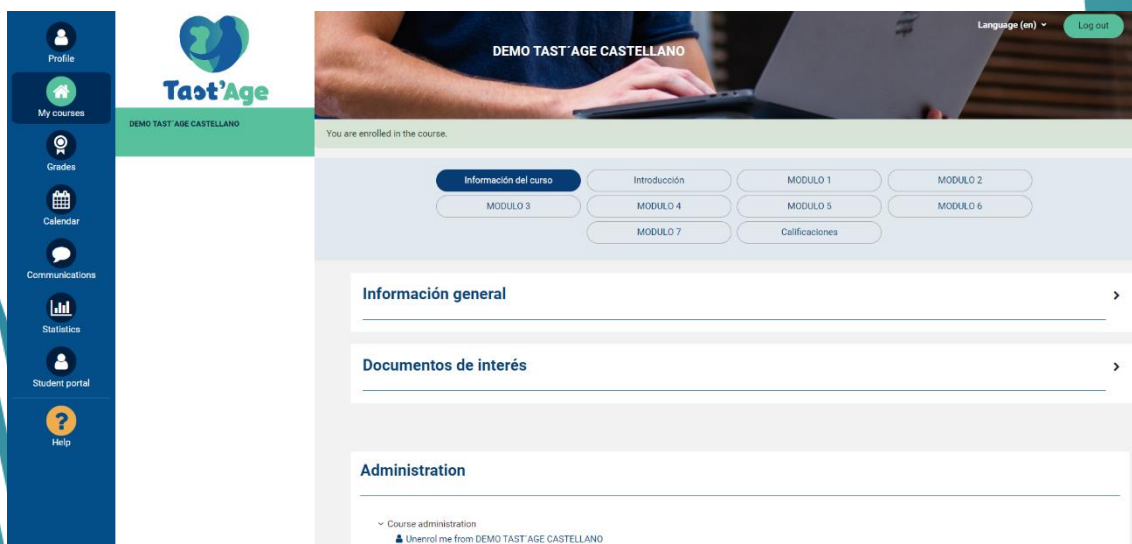
No enrolment key required.

Enrol me

cesurformacion.com alumno automatriculado

Cerrar sesión

7. You are already enrolled in the course.



DEMO TAST'AGE CASTELLANO

Language (en) Log out

DEMO TAST'AGE CASTELLANO

You are enrolled in the course.

Información del curso

Introducción MODULO 1 MODULO 2

MODULO 3 MODULO 4 MODULO 5 MODULO 6

MODULO 7 Calificaciones

Información general

Documentos de interés

Administration

Course administration

Unenrol me from DEMO TAST'AGE CASTELLANO

What to expect of this course

This course is composed by the following 7 modules:

- Module 1: Physiological and sociological changes related to aging. Risk factors and diseases associated with nutrition.
- Module 2: Nutritional needs for ageing population and nutritional status assessment.
- Module 3: Nutritional intervention. Special dietary requirements. Part I.
- Module 4: Nutritional Intervention. Special dietary requirements. Part II.
- Module 5: Health Education and Health Promotion. Global health approach.
- Module 6: Food act and meal preparation. Providing care and providing food.
- Module 7: Supplementation and artificial nutrition.

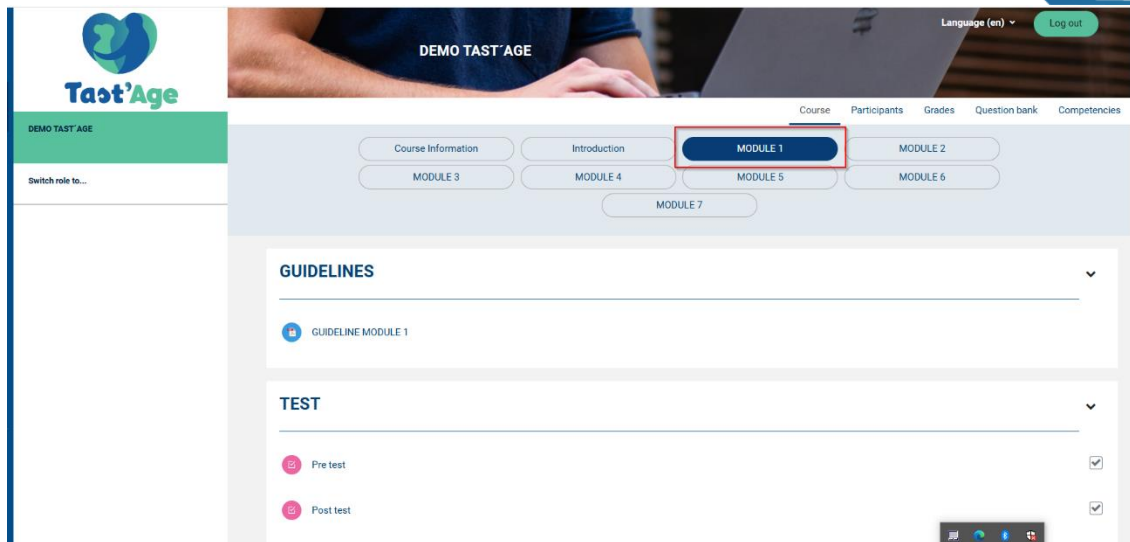
Every module includes the following material specific for every module:

- ✓ **Guidelines on PDF format** where the following information is collected: the scheme of the module, special considerations, target/scope recommended and recommended sequence.
- ✓ **Theoretical content.**
- ✓ **Test.** Recommended to be done before and after had studied the module.
- ✓ **Presentation** that displays the main concepts used in the module (PPT).
- ✓ **Activities:** Two practical activities that complement the information presented in the theoretical part.
- ✓ **Infographic.**

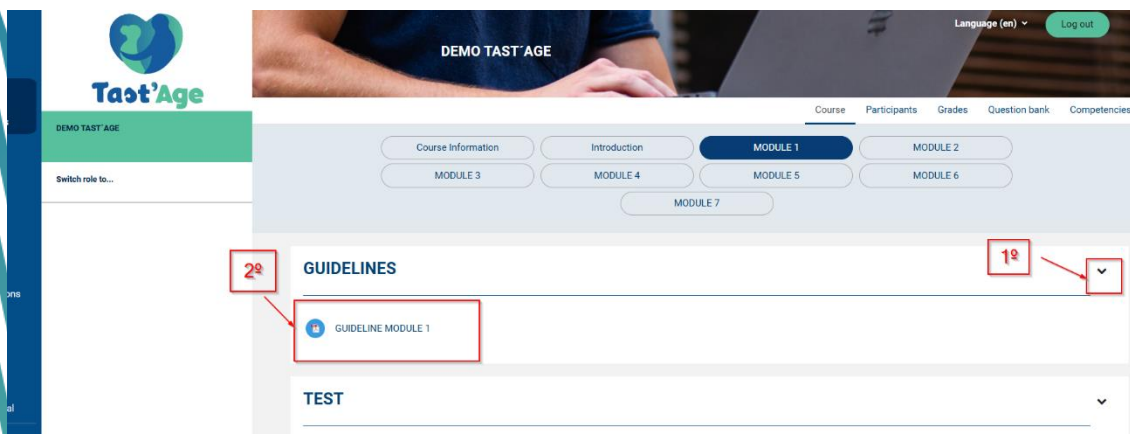
How to check the material

GUIDELINES:

- Select the module, for example, Module 1



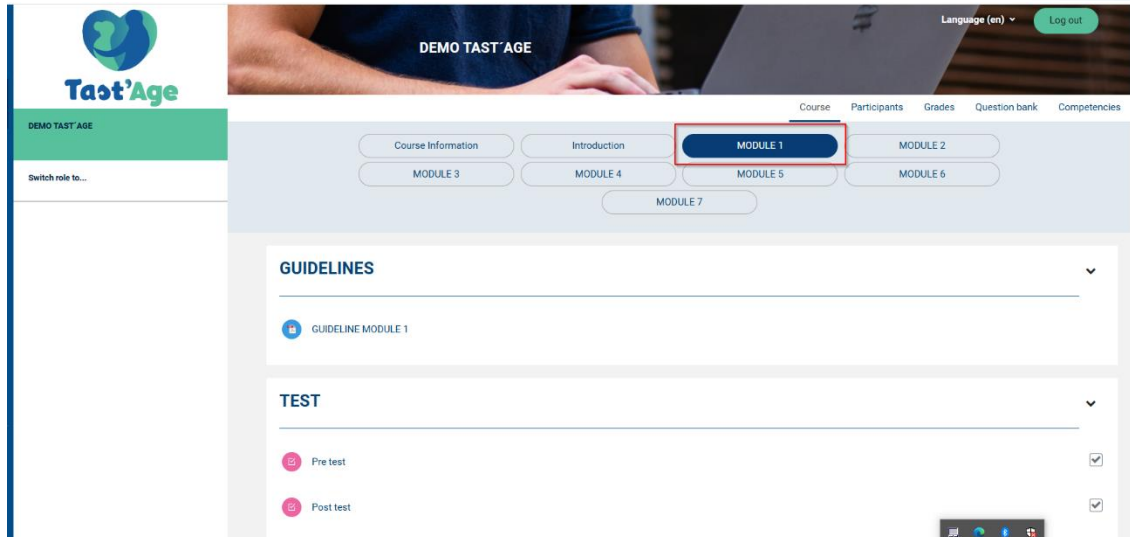
- Select the section "Guidelines"



- Click on the file

THEORETICAL CONTENT

- Select the module, for example, Module 1

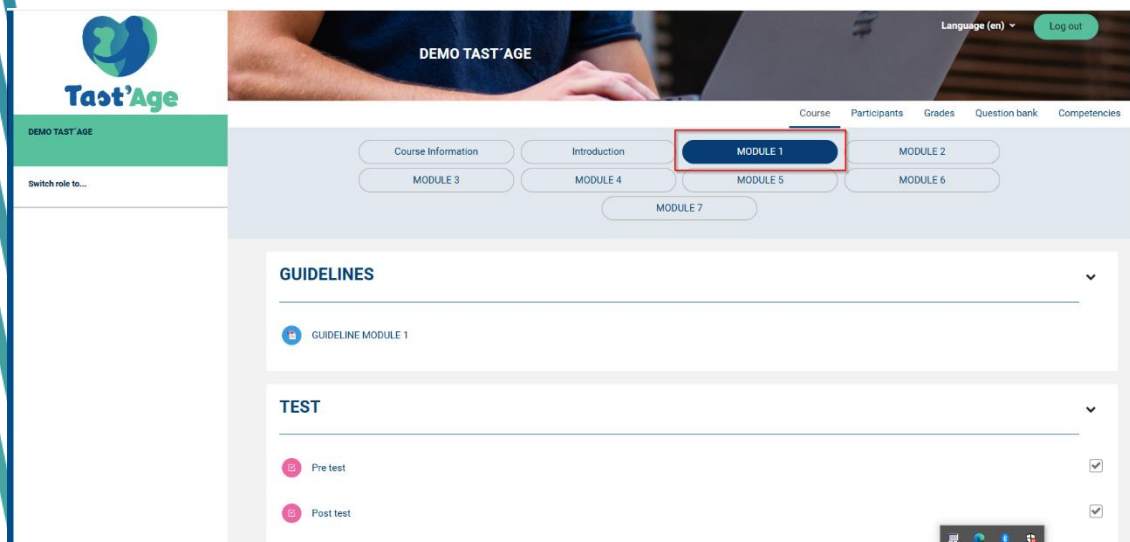


The screenshot shows the 'DEMO TAST' AGE' interface. At the top, there is a navigation bar with 'Language (en)' and 'Log out'. Below this is a course navigation menu with buttons for 'Course Information', 'Introduction', 'MODULE 1', 'MODULE 2', 'MODULE 3', 'MODULE 4', 'MODULE 5', 'MODULE 6', and 'MODULE 7'. The 'MODULE 1' button is highlighted with a red box. Below the navigation menu, there are two main sections: 'GUIDELINES' and 'TEST'. The 'GUIDELINES' section contains a single item: 'GUIDELINE MODULE 1'. The 'TEST' section contains two items: 'Pre test' and 'Post test', each with a checkbox on the right.

- Select the section "Theoretical content"
- Click on the file

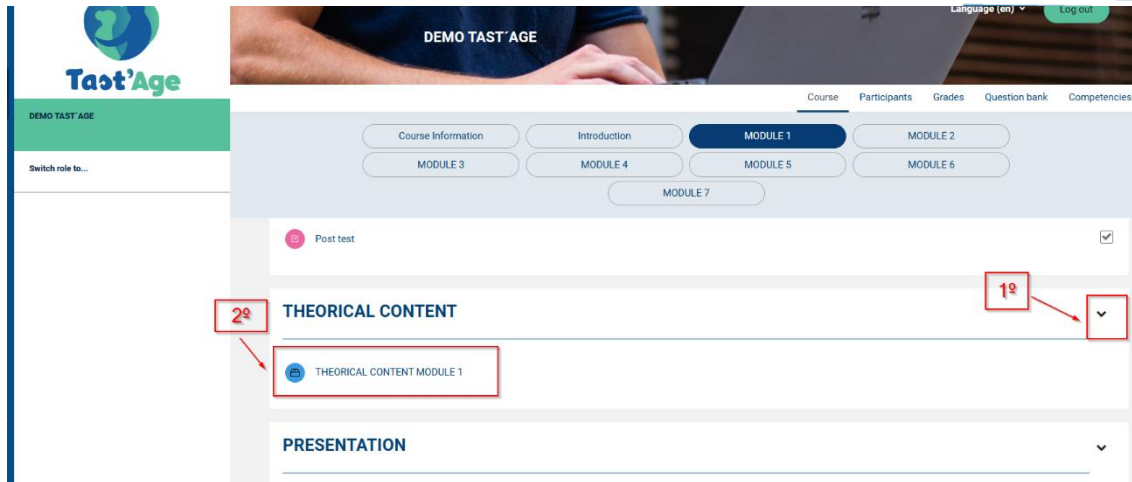
PRESENTATION

- Select the module, for example, Module 1



The screenshot shows the 'DEMO TAST' AGE' interface. At the top, there is a navigation bar with 'Language (en)' and 'Log out'. Below this is a course navigation menu with buttons for 'Course Information', 'Introduction', 'MODULE 1', 'MODULE 2', 'MODULE 3', 'MODULE 4', 'MODULE 5', 'MODULE 6', and 'MODULE 7'. The 'MODULE 1' button is highlighted with a red box. Below the navigation menu, there are two main sections: 'GUIDELINES' and 'TEST'. The 'GUIDELINES' section contains a single item: 'GUIDELINE MODULE 1'. The 'TEST' section contains two items: 'Pre test' and 'Post test', each with a checkbox on the right.

- Select the section "Presentation"
- Click on the file



DEMO TAST' AGE

Language (en) Log out

Course Participants Grades Question bank Competencies

Course Information Introduction **MODULE 1** MODULE 2
MODULE 3 MODULE 4 MODULE 5 MODULE 6
MODULE 7

Post test

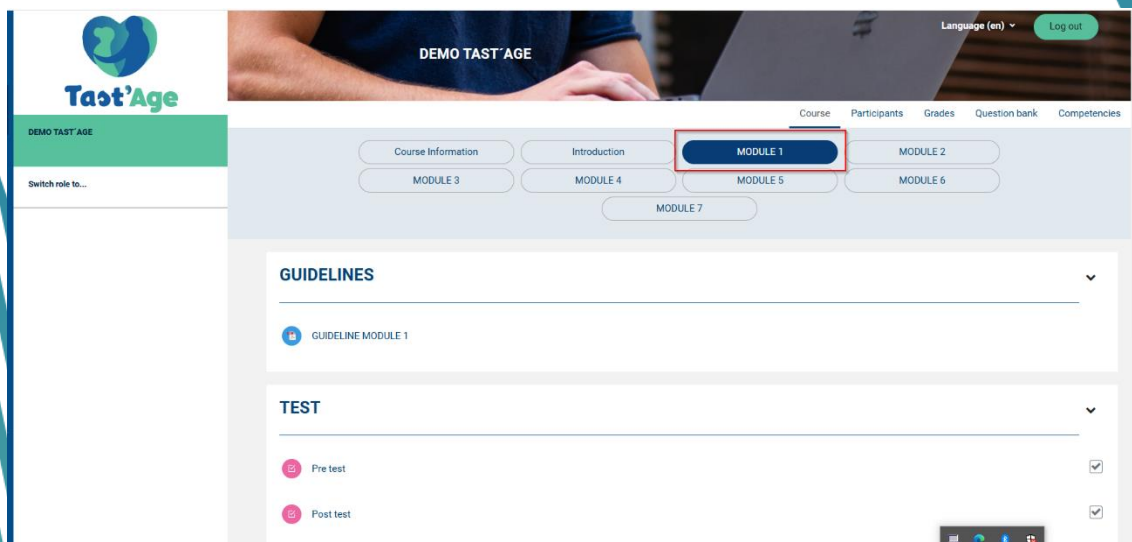
2^o **THEORETICAL CONTENT** **1^o**

THEORETICAL CONTENT MODULE 1

PRESENTATION

QUIZZ

- a. Select the module, for example, Module 1



DEMO TAST' AGE

Language (en) Log out

Course Participants Grades Question bank Competencies

Course Information Introduction **MODULE 1** MODULE 2
MODULE 3 MODULE 4 MODULE 5 MODULE 6
MODULE 7

GUIDELINES

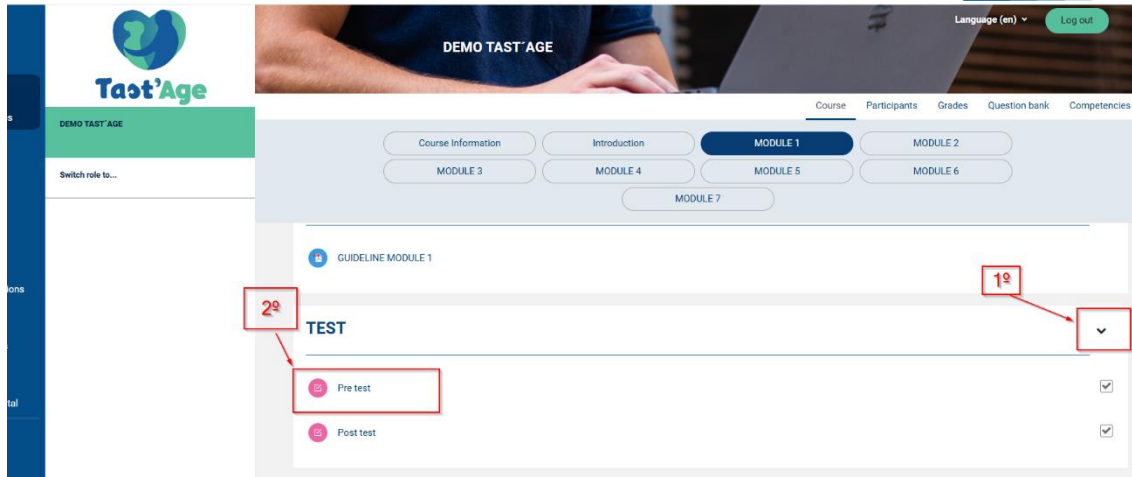
GUIDELINE MODULE 1

TEST

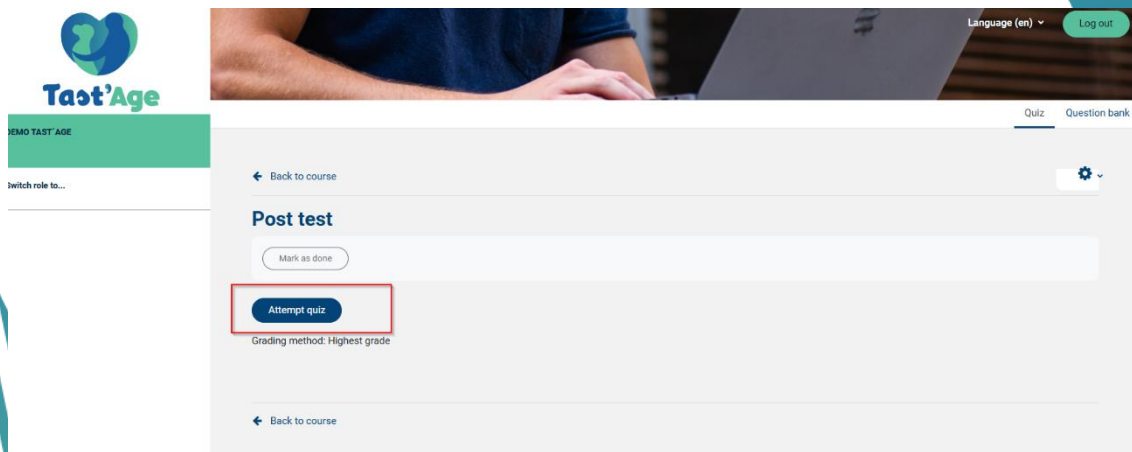
Pre test

Post test

- b. Select the section "TEST"

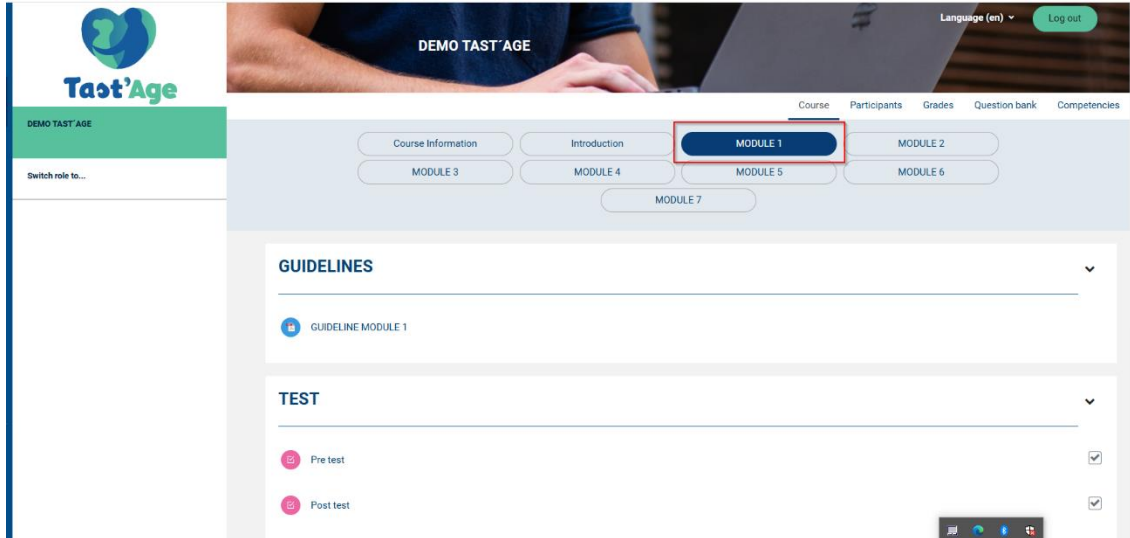


- c. Click on Pre test/Post test
- d. Click on Attempt quiz



ACTIVITIES

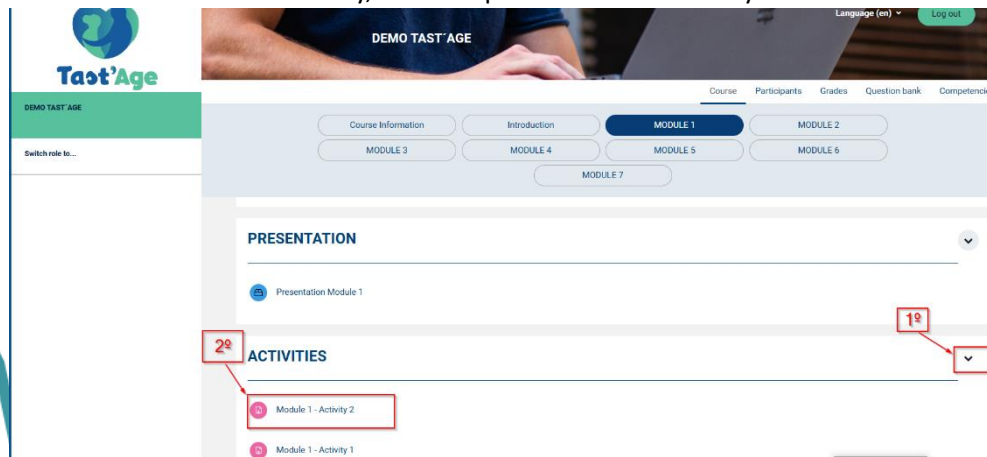
- a. Select the module, for example, Module 1



The screenshot shows the 'DEMO TAST' AGE' course interface. The top navigation bar includes 'Course Information', 'Introduction', 'MODULE 1' (highlighted with a red box), 'MODULE 2', 'MODULE 3', 'MODULE 4', 'MODULE 5', 'MODULE 6', and 'MODULE 7'. Below the navigation bar, there are two main sections: 'GUIDELINES' and 'TEST'. The 'GUIDELINES' section contains a single item: 'GUIDELINE MODULE 1'. The 'TEST' section contains two items: 'Pre test' and 'Post test', both with checkboxes to their right.

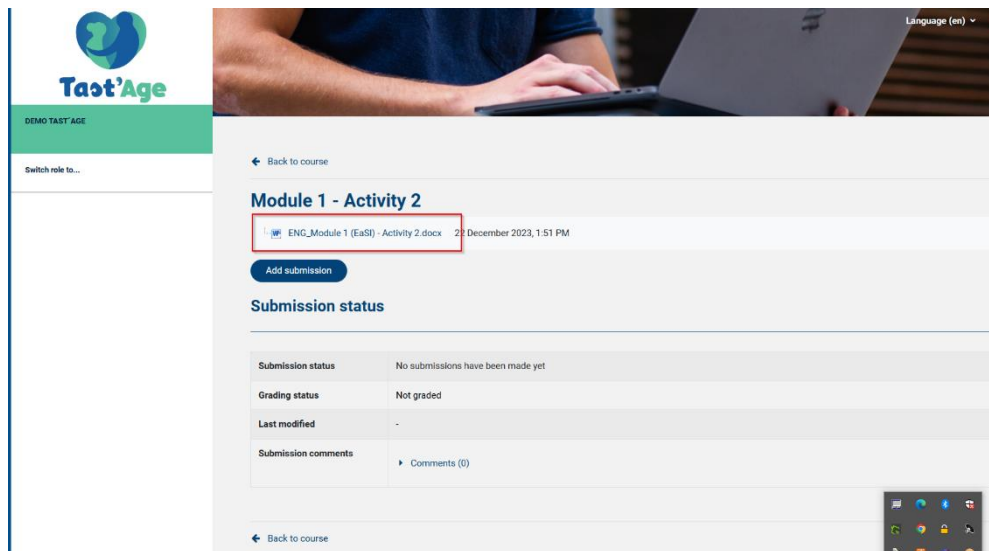
b. Select the section “Activities”

c. Click on the chosen activity, for example “Module 1- activity 2”



The screenshot shows the 'DEMO TAST' AGE' course interface with the 'ACTIVITIES' section selected. The top navigation bar is the same as in the previous screenshot. Below the navigation bar, there are two main sections: 'PRESENTATION' and 'ACTIVITIES'. The 'PRESENTATION' section contains a single item: 'Presentation Module 1'. The 'ACTIVITIES' section contains two items: 'Module 1 - Activity 2' (highlighted with a red box) and 'Module 1 - Activity 1'. A red box with the number '2' is placed over the 'ACTIVITIES' section header, and another red box with the number '1' is placed over the 'Module 1 - Activity 2' item.

d. Click on the file to download it.

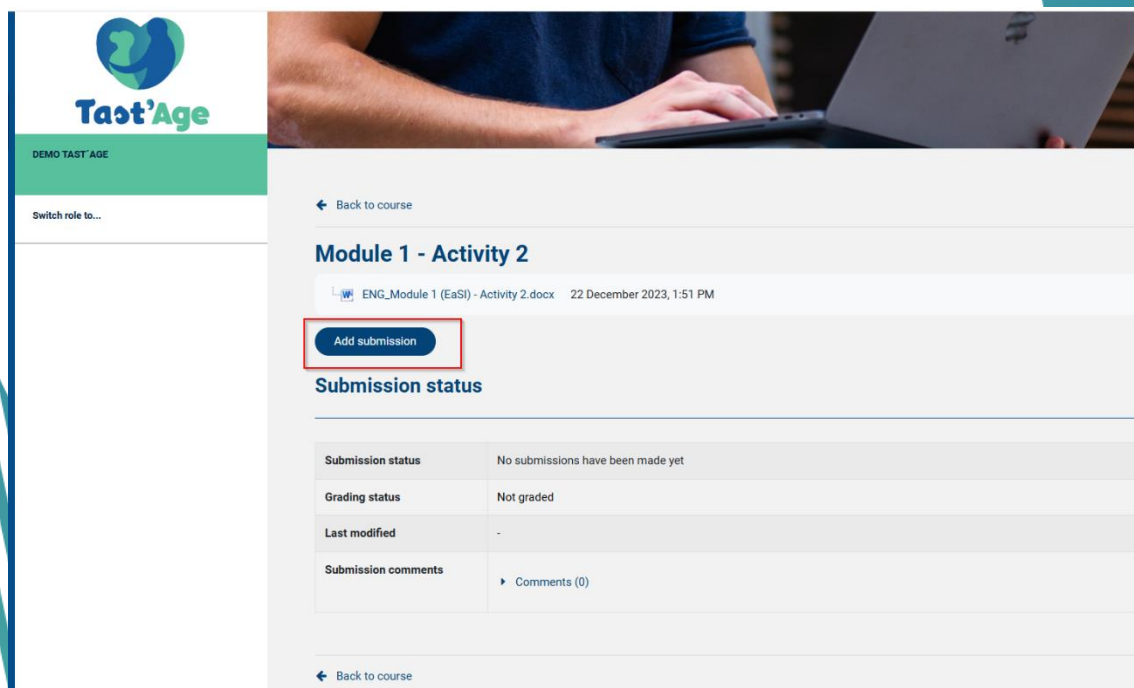


The screenshot shows the user interface for 'Module 1 - Activity 2'. At the top, there is a navigation bar with the Tast'Age logo and 'DEMO TAST'AGE'. Below this, a 'Switch role to...' dropdown is visible. The main content area features a 'Back to course' link, the title 'Module 1 - Activity 2', and a file upload section with the filename 'ENG_Module 1 (EaSI) - Activity 2.docx' and a timestamp '22 December 2023, 1:51 PM'. A blue 'Add submission' button is highlighted with a red rectangular box. Below this, the 'Submission status' section contains a table with the following data:

| | |
|---------------------|-----------------------------------|
| Submission status | No submissions have been made yet |
| Grading status | Not graded |
| Last modified | - |
| Submission comments | ▶ Comments (0) |

At the bottom, another 'Back to course' link is present.

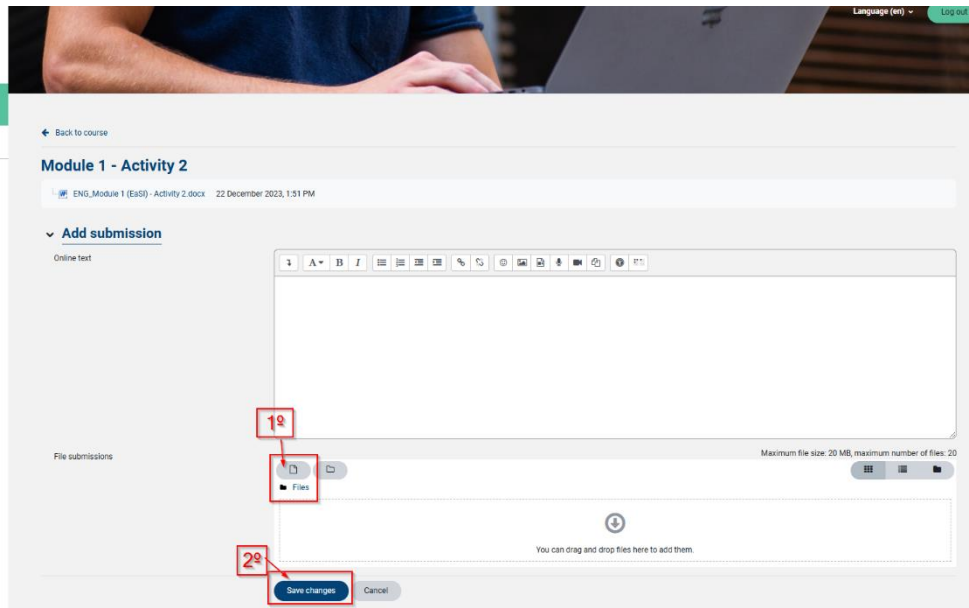
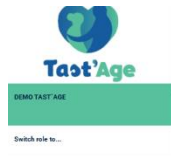
e. To upload the resolved activity, click “Add submission”



This screenshot is identical to the one above, showing the 'Add submission' button highlighted with a red box. The 'Submission status' table remains the same:

| | |
|---------------------|-----------------------------------|
| Submission status | No submissions have been made yet |
| Grading status | Not graded |
| Last modified | - |
| Submission comments | ▶ Comments (0) |

f. Attach the corresponding file and save



The screenshot shows a user interface for submitting an activity. At the top, there is a navigation bar with a 'Back to course' link. Below this, the page title is 'Module 1 - Activity 2'. A breadcrumb trail shows the path: 'ENG_Module 1 (EaSE) - Activity 2.docx' and the date '22 December 2023, 1:31 PM'. The main section is titled 'Add submission' and contains an 'Online test' field with a rich text editor toolbar. Below the text field is a 'File submissions' section with a 'Files' button and a drop zone. A 'Save changes' button is located at the bottom of the form. Red callout boxes with numbers '1' and '2' point to the 'Files' button and the 'Save changes' button, respectively.

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TOUTES LES VIES
ONT LA MÊME VALEUR

